

# BACHELOR IN NUTRITION (HONOURS)

(N/0915/6/0027) (12/32) (MQA/PA 17456)



## PROGRAMME DESCRIPTION

The Bachelor in Nutrition (Honours) is a research-focused undergraduate program that builds advanced knowledge in human nutrition, food science, and public health. It integrates core nutrition theory with biochemistry, physiology, and evidence-based practice, preparing students to analyze the relationship between diet, health, and disease. The honours component emphasizes independent research, critical thinking, and data analysis through a supervised thesis project. Graduates develop strong scientific, analytical, and communication skills, enabling pathways to postgraduate study, research roles, public health, food and nutrition industries, or related professional fields.



## PROGRAMME AIM

The program Bachelor in Nutrition (Honours) aims to produce graduates who are able to:

- Incorporate basic relevant knowledge that is capable, creative, and contribute towards food and nutrition.
- Practice skills with moral responsibility by adapting analytical technologies and applying mathematical, numerical, and other quantitative tools to solve problems in the food and nutrition field.
- Adopt digital and numerical skills in managing scientific solutions to complex problems in food and nutrition.
- Effectively utilize leadership, autonomy, and responsive skills to personally undergo entrepreneurial work in food and nutrition.
- Empower integrity through professionalism and ethics in food and nutrition related fields.



## CAREER OPPORTUNITIES

Graduates of the Bachelor in Nutrition (Honours) can pursue diverse careers across health, research, and industry sectors. Career opportunities include:

**Call us :**

**1 300 880 111 (Malaysia)  
+603 78063478 (International)**

Web : [www.lincoln.edu.my](http://www.lincoln.edu.my) | E-mail : [info@lincoln.edu.my](mailto:info@lincoln.edu.my)

**Kolej Universiti Lincoln, No. 12, 14, 16 & 18, Jalan SS 6/12, 47301 Petaling Jaya, Selangor**

**No. 2, Jalan Stadium, SS 7/15, Kelana Jaya, 47301, Petaling Jaya, Selangor Darul Ehsan, Malaysia.**

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- Food Researcher
- Food and Nutrition Quality Management Officer
- Nutritionist
- Health Promotion Specialist
- Food and Nutrition Policy Analyst
- Community Nutrition Program Coordinator

## PROGRAMME DURATION

Full-time: 43 months

Part-time: 84 months

## INTAKE AND ENTRY REQUIREMENTS

**Intake:** March, July, November

### Entry Requirements:

Pass Sijil Tinggi Persekolahan Malaysia (STPM)/Matriculation/A-Level/Pre-University programme or its equivalent with minimum Cumulative Grade Point Average (CGPA) of 2.50 in the following subjects:

- Biology/Physics
- Chemistry

And 5 credits or equivalent at the SPM level, 3 of which in the following subjects\*:

- Biology
- Physics
- Mathematics
- Chemistry
- English

\*Note: However, depending on the field of study, an institution may insist that the students obtain credits in all the listed subjects.

Or

Related Diploma from recognised institutions with minimum Cumulative Grade Point Average (CGPA) of 2.75;

Or

Related diploma from recognised institutions with Cumulative Grade Point Average (CGPA) below than 2.75 and a minimum of 3 years (36 months) working experience in the same field.

## ENGLISH COMPETENCY REQUIREMENT (INTERNATIONAL STUDENT)

Candidates should have IELTS (6.0)/TOEFL (550) paper-based or equivalence.





## LIST OF COURSE/MODULE OFFERED IN THE PROGRAMME

Sl. No.	Subject Name
1	Anatomy and Physiology I
2	Biochemistry
3	English 1
4	Counselling
5	Sports Nutrition and Healthy Lifestyle
<b><u>Elective (Choose any one module from the following)</u></b>	
6	Falsafah dan Isu Semasa (Philosophy and Current Issues)
	Bahasa Melayu Komunikasi 2 (International)
7	Penghayatan Etika dan Peradaban/Appreciation of Ethics and Civilizations
8	Human Relations and Leadership Skills
9	Food Microbiology
10	Catering and Food Service Management
11	Anatomy and Physiology II
12	Epidemiology
13	Malaysian Government and Public Policy
14	Basic Pathology
15	Pharmacology
16	Nutrition and Genetics
17	Immunology
18	Developmental Psychology
19	Food Science
20	Principles of Food Preparation
21	Nutritional Anthropology
22	Nutrition in Lifecycle
23	Assessment of Nutritional Status

Sl. No.	Subject Name
24	Keterlibatan Komuniti
25	Food Analysis
26	Nutrition Programme Planning and assessment
27	Behavior and Health
28	Seminar
29	Nutrition Education
30	Community Nutrition Project
31	Nutrition Policy and Food Security
32	Techniques in Nutrition Research
33	Health care Management
34	Diet and Chronic Diseases
35	Research Methodology
36	Nutrition for Sport and Physical Activity
37	Nutrition and Health
38	Advanced Nutrition
39	Special Topics in Nutrition
<b><u>Electives (Choose any four modules from the following)</u></b>	
40	Food Safety and Quality System
41	Fermentation Technology and Downstream Processing
42	Food Commodities
43	Nutrition and Functional Food
44	Nutrition, Food and Society
45	Research Project
46	Industrial Training

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